



THREE WEEK MENUE PLAN FOR MORNING & AFTERNOON CRECHE

DATE : WEEK 1 21-2-22 WEEK 2 28-2-22 WEEK 3 7-3-22

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
MORNING SNACK	Cereal	F/FRUIT	Fruits	Hot Toasties	
LUNCH	Pasta Sal	Chick Curry	Cottage Pie	Bacon Turnip	Fish Peas + Pot.
AFTERNOON SNACK	F/FRUIT	fruit	Yoghurt + Fruit	Tooshies	F/FRUIT
DINNER	Pork Chops veg Pot.	Toasted Sandwich	Wraps + Sausage	Cou son WRAPS	ves Cou son
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
MORNING SNACK	Melon grapes Banana	Greek yogh + Berries	Porridge	Scones	Fruit
LUNCH	Chilli con Carne	Tom + Basil Soup	Beef Stew	Fish Fingr Peas Mash	Sausage Toast
AFTERNOON SNACK	F/FRUIT	Toasties	Fruit	Melon Apples, Raisin	F/FRUIT
DINNER	Toasted Sandwich	R. Chick Dinner	Beans Toast	R. ves Curry	H. B. Cou sons
WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
MORNING SNACK	Cereal	Porridge	F/FRUIT	Wheeta mix, Banana	Fruit
DINNER	Ves Soup Brown Sadg	Sausage Mash	Lasage + Chips	Sandwiches	Picnic
AFTERNOON SNACK	fruit	Shepards Pie	Toasties	fruit	F/FRUIT
DINNER	Chick Brecc Bake	omelette Salad	R. Beef Dinner	A. Pot. Veg Lamb.	Picnic

ALL MEALS ARE SERVED WITH MILK, WATER & ORANGE JUICE. OPITIONAL MEALS ARE ALSO AVAILABLE AT MEALTIMES. ALLERGEN INFORMATION ON DAILY MENUES.